

Center \_\_\_\_\_ Class \_\_\_\_\_

Teacher \_\_\_\_\_

**Unit 1: Self Esteem**

	Date Taught
Session 1: I am Unique	
Session 2: I am Special	
Session 3: I am Important	
Session 4: I am Fantastic	
Session 5: I am Loved	

**Unit 2: Family and Friends**

	Date Taught
Session 1: All Kinds of Families	
Session 2: Families Love and Care for Each Other	
Session 3: Friends are Special	
Session 4: Friends Care About Each Other	
Session 5: Trusting Family and Friends	

**Unit 3: Feelings**

	Date Taught
Session 1: Sad/Glad/Mad/Happy	
Session 2: Surprised and Excited	
Session 3: Sad	
Session 4: Growing Up	
Session 5: Standing Up for Myself	

**Unit 4: Problem Solving**

	Date Taught
Session 1: Listening	
Session 2: Co-operation	
Session 3: Choices	
Session 4: Choices	
Session 5: Asking for Help	

**Unit 5: Personal Safety (general)**

	Date Taught
Session 1: My Body Belongs to Me	
Session 2: Every Part Has a Name	
Session 3: Taking Care of Me	
Session 4: Private Body Parts	

# Keeping Kids Safe - Personal Safety Curriculum

Page 2 of 2

Center \_\_\_\_\_ Class \_\_\_\_\_

Teacher \_\_\_\_\_

## Unit 5: Personal Safety (Ages 4 and older)

	Date Taught
Session 1: Diapers	
Session 2: A Visit to the Doctor	
Session 3: Momma's Friend	
Session 4: Uncle	

## Unit 6: Safety Around Me

	Date Taught
Session 1: Street Safety	
Session 2: Riding Toy Safety	
Session 3: Fire Safety	
Session 4: Water Safety	
Session 5: Car Safety	
Session 6: Strangers	