

**SELF-HELP**

**NAME** \_\_\_\_\_

**CENTER** \_\_\_\_\_

<b>DEV AGE</b>	<b>ITEM #</b>	<b>DESCRIPTION</b>	<b>Pre +/-</b>	<b>Mid +/-</b>	<b>Post +/-</b>	<b>COMMENT</b>
12	SH1	Finger feeds self for part of meal				
15	SH2	Pulls off socks				
15	SH3	Shows wet or soiled pants				
18	SH4	Drinks from cup/glass				
24	SH5	Uses toilet when taken by adult				
24	SH6	Asks for food, drink, or toilet when needed				
24	SH7	Feeds self with spoon (held with fist)				
24	SH8	Removes coat				
30	SH9	Dries own hands				
30	SH10	Puts on coat				
36	SH11	Feeds self with fork (held with fist)				
36	SH12	Holds cup/glass when drinking				
36	SH13	Wipes nose with tissue				
36	SH14	Turns faucet on and off				
36	SH15	Turns door knob and opens door				
36	SH16	Brushes teeth with assistance				
36	SH17	Gets drink of water				
36	SH18	Undresses completely with assistance				
36	SH19	Demonstrates caution and avoids potentially harmful objects or activities				
36	SH20	Pours from pitcher				
36	SH21	Puts on shoes (often on incorrect feet)				
42	SH22	Unties and removes shoes				
42	SH23	Walks to classroom from bus/play area following adult				
42	SH24	Washes and dries hands				
42	SH25	Flushes toilet after toileting				
42	SH26	Goes to toilet alone				
42	SH27	Feeds self with spoon or fork (held with fingers)				
42	SH28	Places paper towel into waste basket after use				
42	SH29	Unbuttons front buttons				
48	SH30	Puts on pull-up garment				
48	SH31	Puts on sock				

