

Keeping Kids Safe - Personal Safety Curriculum

Classroom _____ Ages _____ Teacher _____

Unit 1: Self Esteem Introduction to curriculum/letter #1 to parents _____ date

	Date Taught	Notes
Session 1: I am Unique		
Session 2: I am Special		
Session 3: I am Important		
Session 4: I am Fantastic		
Session 5: I am Loved		

Unit 2: Family and Friends

	Date Taught	
Session 1: All Kinds of Families		
Session 2: Families Love and Care for Each Other		
Session 3: Friends are Special		
Session 4: Friends Care About Each Other		
Session 5: Trusting Family and Friends		

Unit 3: Feelings

	Date Taught	
Session 1: Sad/Glad/Mad/Happy		
Session 2: Surprised and Excited		
Session 3: Sad		
Session 4: Growing Up		
Session 5: Standing Up for Myself		

Unit 4: Problem Solving

	Date Taught	
Session 1: Listening		
Session 2: Co-operation		
Session 3: Choices		
Session 4: Choices		
Session 5: Asking for Help		

Unit 5: Personal Safety (general) Letter to parents at start of sensitive topics/letter #5 _____ date

	Date Taught	
Session 1: My Body Belongs to Me		
Session 2: Every Part Has a Name		
Session 3: Taking Care of Me		
Session 4: Private Body Parts		

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Unit 5: Personal Safety (Ages 4 and older)

	Date Taught	Notes
Session 1: Diapers		
Session 2: A Visit to the Doctor		
Session 3: Momma's Friend		
Session 4: Uncle		

Letter to parents at close of personal topics/letter#9 _____ date

Unit 6: Safety Around Me

	Date Taught	
Session 1: Street Safety		
Session 2: Riding Toy Safety		
Session 3: Fire Safety		
Session 4: Water Safety		
Session 5: Car Safety		
Session 6: Strangers		